PROGRAMS AT A GLANCE





National Behavioral Health Care System Offering Treatment Across the U.S.

Eating Recovery Center (ERC) and Pathlight Mood & Anxiety Center (Pathlight) provide intensive treatment programs, in-person and virtual, designed for patients of all ages, ethnicities, gender identities and expressions. We help illuminate their unique paths forward and give them a foundation for long-lasting, life-changing mental wellness.



ERC specializes in treating patients struggling with eating disorders including anorexia nervosa, bulimia nervosa, diabulimia, binge eating disorder, avoidant restrictive food intake disorder and co-occurring conditions.



Pathlight specializes in treating patients struggling with mood and anxiety disorders, trauma-related disorders and co-occurring substance use disorders.

Multiple Levels of Care



On-site Care:

- Inpatient Intensive Treatment Unit (ERC Only)
- Inpatient (ERC Only)
- Residential
- Partial Hospitalization Program
- Intensive Outpatient Program (IOP)



Virtual Care - Eating Recovery and Pathlight At Home:

• IOP

For a list of current virtual programs and states, visit EatingRecovery.com/AtHome or PathlightBH.com/AtHome

WHY CHOOSE ERC AND PATHLIGHT



PROGRAMS AT A GLANCE

LOCATION	CONDITIONS TREATED	INPATIENT INTENSIVE TREATMENT UNIT	INPATIENT	RESIDENTIAL	PARTIAL HOSPITALIZATION	INTENSIVE OUTPATIENT	VIRTUAL IOP
CALIFORNIA	Adult ED				•	•	•
	Adult BED						•
	C&A ED				•	•	•
	Adult M&A				•	•	•
	C&A M&A						•
COLORADO	Adult ED	•	•	•	•	•	•
	Adult BED						•
	C&A ED	•	•	•	•		•
	Adult M&A				•	•	•
	C&A M&A			•	•		•
ILLINOIS	Adult ED			•	•	•	•
	Adult BED				•	•	•
	C&A ED			•	•	•	•
	Adult M&A			•	•	•	•
	C&A M&A				•	•	
MARYLAND	Adult ED			•	•	•	•
	Adult BED						•
	C&A ED			•	•	•	
	Adult M&A				•	•	
	C&A M&A				•	•	
ОНЮ	Adult ED				•	•	•
	Adult BED						•
	C&A ED						•
	Adolescent ED				•	•	
	Adult M&A						
	C&A M&A						
TEXAS	Adult ED	•	•	•	•	•	•
	Adult BED						•
	C&A ED	•	•	•	•	•	•
	Adult M&A				•	•	•
	C&A M&A				•	•	•
WASHINGTON	Adult ED			•	•		•
	Adult BED						•
	C&A ED			•	•	•	•
	Adult M&A			•	•	•	•
	C&A M&A			•	•	•	•

Virtual IOP - Eating Recovery and Pathlight At Home also available in FL, NY, OR and PA. For a list of current programs and states, visit **EatingRecovery.com/AtHome** or **PathlightBH.com/AtHome**

ED - Eating Disorders **BED -** Binge Eating Disorders **M&A -** Mood, Anxiety and Trauma-Related Disorders **C&A -** Child and Adolescent